



UK POLICE GET ACTIVE CHALLENGE 2020

6 weeks to get active, have fun in a friendly inter-force competition and support our fantastic Police Care UK charity. Don't miss out, be part of it!

GET ACTIVE, FEEL THE FORCE!

We're inviting every member and supporter of every force across the UK.

Join the 6 week Get Active Challenge from 14th September 2020, to get moving and feel better.



Walk



Run



Cycle



Workout



Classes



Swim



Support the charity for police officers and staff, volunteers, and their families who have suffered harm as a result of policing.



Get involved:

1 Sign Up by 14th September - £15 entry fee with 50% going to Police Care UK

2 Log your activity & share on Instagram using #PoliceGetActive

3 Check out the leaderboards and get the friendly banter going

4 Collect your fabulous police medal

SIGN UP NOW: www.getactivechallenges.com/police